












Screen Free Week 2026

Join WXXI in celebrating “Screen Free Week”! To help spark ideas, our Early Learning Team has created a list of PBS KIDS-inspired activities, crafts, or adventures that you can do with your kids off-screen!

<p>Visit your local public library!</p> 	<p>Make something using cardboard tubes! What can you create?</p> 	<p>Read a new-to-you book!</p> 	<p>Design your own vest, just like Carl the Collector.</p> 
<p>Watch the sunset and make a picture. What colors do you notice?</p> 	<p>Make up your own silly dance and share it with a friend.</p> 	<p>Make a card and give it to someone you care about!</p> 	<p>Explore a local playground or park.</p> 
<p>Play with a friend or someone in your family.</p> 	<p>Go on a neighborhood walk. Listen for sounds! What do you hear?</p> 	<p>Have a dance party with your favorite music (and people!).</p> 	<p>Listen to an episode of the Arthur podcast.</p> 
<p>Create something in a real or pretend kitchen.</p> 	<p>Go on a sign scavenger hunt. Look for letters and numbers.</p> 	<p>Hum or listen to a song while you brush your teeth.</p> 	<p>Snuggle with someone in your family.</p> 



From
WXXI



Hey grownups! Scan the QR code to find more activities using the PBS KIDS Activity Finder or follow us on Facebook or Instagram @wxxikids for more ideas like these!

