

Color Your World!

Explore Your Way Calendar





Theme

Lesson Plan

Video

Digital Game

Printable

Activity

Family Time

Explore your

neighborhood and

what makes

it special.

Explore More

Mindful Art **Classroom Murals**

Highlight how art can tell stories and have special meanings.

Arts and Activism

See how art can be used to make a meaningful statement. **Art Exploration**

Explore aspects of visual art with this Sesame Workshop game.

Draw Your Feelings

Prompt students to draw and reflect on their feelings.

Kindness Loops

On strips of paper, write or draw acts of kindness. Then, connect them together as loops.

Neighborhood
Notebooks

Art For Myself

Invite children to use art to express their feelings and practice mindfulness.

Outdoor Art **Bubble Painting**

Use different materials found in nature to create art.

"Halentine's Day"

Follow Nature Cat and friends as they upcycle items from nature to make art. **Nature Art**

Prompts encourage children to reflect on the natural world around them and create art.

Leaf & Bark Rubbings

Do a fun art activity with bark, leaves, and other natural materials.

Nature Bracelets

Place masking tape around your wrist, then decorate your with different items from the outdoors. The Weather Outside Is...

Create and customize a weather calendar you can update as a family each week. **Backyard Nature Art**

Continue exploring the beauty of the natural world with this set of videos and handouts.

Edible Art **Cupcake Calamity**

Introduce kids to food as an art form and expression of creativity.

"Monster Faces"

See how Cookie Monster and Chef Gonger make silly and delicious fruit monsters. Super Duper Halo Halo

Help Jelly, Ben, and Pogo make creative and colorful Halo Halo. Draw Your Own Halo Halo

Have students dream up their own delicious Halo Halo. **Snack Faces**

Use spreads and toppings to make different faces with different feelings on a slice of bread.

Molly's Recipe Book

Explore Alaskan
Native recipes and
add some of your
own traditional
family recipes.

The Plate Show Podcast

Learn about delicious creations and traditional foods from all around the world.

Cultural Art **Homemade Heroes**

Encourage kids to design their own superhero counterparts. "Art from the Heart"

Molly and Tooey explore the meaning behind North West Coast designs as they create their own art.

Carmen's World Orchestra

Learn about and listen to music made from instruments from around the world. Family Traditions
Bingo

Explore unique family traditions, history, and culture with this packet of activities.

Family Tree

Design a unique family tree that reflects your family's values and culture.

Beaded Necklaces

Design necklaces with materials that reflect your family's culture, traditions, and personalities.

Cultural Connections

Delve deeper into the importance of art across cultures with this activity tips sheet.

Sensory Art Yo-Yo's Musical Journey

Explore how music can make us experience different types of emotions.

"Ms. Mole's Glasses"

Elinor and her friends discover how Ms.
Mole navigates the world with all of her different senses.

Pinkamusical Garden

Notice how sounds and melodies can be used to express feelings with Pinkalicious. 5 Senses Bingo

Explore all five senses with this packet of simple and exciting activities.

Raised Salt Paintings

Use glue to draw a picture, then pour salt on top to make it 3-D.

Sensory Glitter Jar

Create a sensory glitter jar that is both beautiful and calming to observe.

Sensory Friendly Crafts

Find more crafts you can do with kids who may have sensory sensitivities.



The contents of this activity were developed under a grant from the U.S. Department of Education. However, those contents do not necessarily represent the policy of the Department of Education, and you should not assume endorsement by the Federal Government. The project is funded by a Ready To Learn grant (PR/Award No. S295A200004, CFDA No. 84.295A) provided by the Department of Education to the Corporation for Public Broadcasting. PBS KIDS and the PBS KIDS Logo are trademarks owned by Public Broadcasting Service. Used with permission.

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