



## Book Activity Sheet

### Hanging Out With Mom

By Sonia W. Black

After their mother gets home from work, two children enjoy spending the evening at the park with her.

#### Things to Talk About:

**Occupations:** Lots of children have been asked the age old question, "What do you want to be when you grow up?" Share different kinds of careers with your child. Explain what people do in certain jobs. If your child expresses interest in a specific occupation, see if you can introduce your child to a person who actually holds that job.

**Responsibility:** Parents have responsibilities, such as taking care of their children and providing them with the things that they need to be safe, happy, and healthy. Introduce your child to the concept of responsibility. Give your child small responsibilities around the house. For example: Your child can pick up his or her toys.



#### Activities to Do:

##### 1. Head to the Park

**You Will Need:** local park, transportation, outdoor toys, comfortable shoes

**What to Do:** Any local park will do, or find a park nearby that is known for having adequate space for kids to play and playground equipment as well. Even though you are an adult, it is okay to swing on the swings and try different activities at the park with your child. If your child is into playing certain outdoor games that require equipment, such as a ball or a jump rope, bring the equipment along with you when you head to the park. Be sure to wear comfortable shoes!

##### 2. Take Your Child to Work

**You Will Need:** Permission from your work place, (or the workplace of someone you know), transportation

**What to Do:** Take your little one on a quick visit to your workplace, or the workplace of someone you know. See if you can arrange for a special tour where your child can meet coworkers and see what happens at work during the day.

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