



Ready To Learn.



## Book Activity Sheet

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### Busy Toes

By C.W. Bowie

This story features toes in many different roles and in many different contexts. Children will enjoy using their toes in some of the same ways!

#### Things to Talk About:

- The children featured in the story used their toes in many ways. Ask your child to tell you which things he/she can do with his/her own little tootsies. Have your child show you how to do each thing. Move and use your own toes along with your child. Try painting with your toes!
- Some people are differently-abled than others. Not all people can use their feet in the ways pictured in the story. Ask your child how it might feel to use a wheelchair. Help explain to your child that some children require wheelchairs or leg braces to move from place to place.
- Each body part has a special function. Ask your child to explain the job of different body parts. For example, hands can help a person grip and hold onto things. Knees can help a person bend. The list goes on and on!

#### Activities to Do:

##### 1. Walking/Dancing on the Ceiling

**You Will Need:** Washable tempera paint in several colors, butcher paper, tape, soap and water (for cleaning little feet after this activity)

**What to Do:** Have an adult brush a thin layer of paint on the bottom of a child's feet. Have the child walk across butcher paper. After the footprints dry, cut out four of each child's prints (two lefts and two rights). You can always cut more footprints out if you need more. Then arrange the footprints where you want them on the ceiling. You can attach the footprints to the ceiling using tape or sticky tack. Try arranging the footprints in the steps to a dance or in a straight line. It will look as if your child has walked (or danced) on the ceiling!


Source: <http://www.perpetualpreschool.com>

##### 2. Musical Body Parts

**You Will Need:** several children, an adequate amount of clear space, tape (for marking an x on the floor for each child) or a carpet square per child, tape player or radio

**What to Do:** Here is a fun version of musical chairs that is great for movement and learning body parts. Make sure each child has a defined space (a colored spot, X on the floor, carpet square, etc.). These spaces should be randomly placed around the room. The more room you have, the better! Each child begins by standing on a space and moves as you direct when the music begins. You might say, "Crawl." Everybody should crawl around the room. When the music stops each child will begin to return to his or her space. As they reach their spaces, you will yell out a body part, for example, "Elbow." The children will touch their elbow to their spaces. Begin the music again with a new movement and a new body part to touch to each child's defined space.

Source: <http://www.perpetualpreschool.com>

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